

Post-test: Maintaining Dignity of Patients with Morbid Obesity in the Hospital Setting

Complimentary Continuing Education Course

Participant Information Form

Name:	Degree (RN, LPN, etc):	Date:
License # or SS#:	Name of Facility:	
Address:		
City:	State:	Zip:
Phone:	Fax:	E-mail:

***PLEASE NOTE: Full first name, last name, and e-mail address are REQUIRED to receive certificate. Please print legibly.**

Course Information

Course Overview:

This educational program is designed to educate, through independent study, multidisciplinary clinicians on maintaining dignity of patients with morbid obesity in the hospital setting.

Course Objectives:

- Upon completion of this program, the participant should be able to:
1. Identify two processes to ensure dignity in the care of the bariatric patient.
 2. Describe the elements of developing a bariatric patient protocol.
 3. List four supportive language recommendations.
 4. List three essential types of bariatric equipment.

Completion Time:

This educational program is accredited for a total of 1.0 contact hours.

Target Audience:

This accredited program is intended for nurses who treat patients with obesity.

Provider:

This educational program is provided by Matrix Medical Communications. Provider approved by the California Board of Registered Nursing, Provider Number 14887, for 1.0 contact hours.

Method of Participation:

Participants must read the designated article and take, submit, and pass the post-test by April 30, 2012. Participants must fill out the Participant Information Form, Answer Form, and Evaluation Form, answer at least 70 percent of the questions correctly, and mail the participant information/answer/evaluation forms to Matrix Medical Communications, Department of Continuing Education, 1595 Paoli Pike, Suite 103, West Chester, PA 19380. Participants also may fax the forms (please include credit card information on Participant Information Form); Fax 484-266-0726. This is complimentary. Upon successful completion, a certificate of completion will be mailed to the participant.

About the Instructors:

Ms. Thomas is the nurse manager of the Vascular and GI Surgery and Telemetry Unit and Bariatric Consultant at UC Davis Medical Center in Sacramento, California. She serves on the National Association of Bariatrics Nurses Board. Ms. Lee-Fong is the assistant manager of the Vascular and GI Surgery and Telemetry Unit.

Provider Contact Information

To submit post-tests or for questions, please contact: Angela Hayes, Department of Continuing Education Matrix Medical Communications, 1595 Paoli Pike, Suite 103 West Chester, PA 19380, toll free: 866-325-9907; fax: 484-266-0726; E-mail: ahayes@matrixmedcom.com

Evaluation Form

1. Did the program meet the stated objectives? yes no
2. Was there any evidence of commercial bias? yes no
3. I have studied the article. This nursing activity was:
 Extremely useful Somewhat useful Minimally useful
4. The overall quality of this activity was: Excellent Good Fair
5. I feel this activity could be improved by:

6. Suggestions for future educational activities/overall comments:

7. I would recommend this nursing activity to my colleagues for study: yes no
8. How long did it take you to read the entire module and complete the posttest and evaluation form? _____
9. Do you anticipate making any changes to your patient-care practice as a result of this activity? yes no
10. Which educational formats do you prefer? Rank order of preference with 1 being the most preferred and 6 being the least preferred:

___ Audio conference	___ Multimedia (online/CD-ROM)	___ Video Conference
___ Symposia	___ Printed enduring materials	___ Other: _____
11. Please indicate your willingness to participate in a follow-up survey to evaluate the impact of this nursing activity:
 yes, I will participate no, I will not participate.

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Instructions: To obtain contact hours, complete the Participant Information Form (at left), record the best answer to each post-test question on the Answer Sheet (below), complete the evaluation form (at left), and mail or fax to: Matrix Medical Communications, Department of Continuing Education, 1595 Paoli Pike, Suite 103, West Chester, PA 19380 or fax 484-266-0726

Name: _____

Answer Sheet—Completely fill in each circle for that answer.

- | | |
|--|---|
| 1. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D | 6. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D |
| 2. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D | 7. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D |
| 3. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D | 8. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D |
| 4. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D | 9. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D |
| 5. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D | 10. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D |

Questions

- | | |
|--|--|
| 1. In five years, the number of Americans with obesity is predicted to be:
A. 93 million
B. 120 million
C. 150 million
D. 180 million | 6. Development of bariatric protocols includes all of the following, except:
A. Exercises patients can do to lose weight
B. Training and education
C. Proper equipment
D. Mobility guidelines |
| 2. Some healthcare professionals have beliefs that patients with obesity are NOT:
A. Highly intelligent
B. Lacking in self-control
C. Lazy
D. Unmotivated | 7. Joint Commission requires hospitals to perform an Failure Mode Effect Analysis that includes:
A. Select and define the process
B. Report on patients' input
C. Clarify issues
D. a and c |
| 3. Which healthcare professionals have demonstrated bias regarding bariatric patients?
A. Physicians
B. Nurses
C. Dieticians
D. All of the above | 8. Dr. Gallagher discusses four elements for ensuring dignity. Which is not an element?
A. Establishing a multidisciplinary bariatric task force
B. Developing criteria-based protocols
C. Educating the patient's family
D. Developing outcome measurements |
| 4. Which one of the following statements is false?
A. Healthcare professionals need proper education to ensure dignity in the care of bariatric patients.
B. Healthcare professionals may be reluctant in giving adequate care to bariatric patients because of fear of injury.
C. Medical students have not demonstrated bias toward bariatric patients.
D. It is essential in the healthcare setting to have systems in place that support the care of bariatric patients. | 9. Essential bariatric equipment needed for the care of the bariatric patient includes appropriately sized:
A. Portable lifts
B. Gowns, robes, slippers
C. Surgical retractors
D. All of the above |
| 5. Supportive, nonbiased language used in the care of bariatric patients includes:
A. Commitment
B. What works for you
C. Self-esteem
D. All of the above | 10. Identify the key elements needed for mobilizing a bariatric patient:
A. Multidisciplinary team
B. Patient's input
C. Right equipment at the right place at the right time
D. All of the above |



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